

4 FIND YOUR USP

That's your Unique Selling Point, FYI, and it could be the thing that lands you a job over

someone else. "It's time to understand what makes you different," explains business psychologist

Jessica Lee

(jessicaleeconsulting.com).

Jessica Lee
— CONSULTING —
ADVANCING BUSINESS THROUGH PSYCHOLOGY

Stellar
Magazine
August 2016
Edition

"30 Career
Lessons to
Learn before
30".

5. WHEN YOU'RE BEING BULLIED

If you feel you're being mistreated or undermined repeatedly by someone at work, don't stay silent. "If you feel comfortable doing so, communicate to the person that you find their behaviour unacceptable," advises organisational psychologist Jessica Lee (jessicaleeconsulting.com). "If the situation has gone too far, report the bullying to a manager or someone that you can trust," she adds. ❤️

Stellar
Magazine
January 2017
Edition
"How to
Stick up for
Yo'Self"